

ABOUT OUR PROGRAM

At Mt. Evans Qualifying House (Q-House), we adopt the best emerging science in youth rehabilitation to provide a wide range of evidence-based interventions and therapies tailored to meet the unique needs of the youth in our care.

Our well-qualified staff help male youth between the ages of 17 and 20 reduce risks, develop individual talents, and give back to their community. While immersed in a safe, nurturing environment, youth learn to make positive changes and achieve significant educational and vocational gains.

Mt. Evans Q-House provides youth with:

- Cognitive Behavioral Therapy
- Substance Use Treatment and Relapse Prevention
- Independent Living Skills
- Specialized Skills Development Groups
- Education and Vocation Opportunities
- Community Groups
- Community Service Opportunities
- Off-Campus Work Experience
- Off-Campus Recreational and Outdoor Activities
- Medical and Dental Services

MT. EVANS QUALIFYING HOUSE

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RITE OF PASSAGE
IMPROVING THE LIVES OF YOUTH

MT. EVANS QUALIFYING HOUSE



Improving the Lives of Youth, Families, and Communities



TREATMENT SERVICES

Mt. Evans Qualifying House supports the process of youth change by offering interventions and strategies designed to incorporate family participation in youth treatment. Entering youth, families, and clinical teams work together to assess medical and mental health needs, family and community relationships, youth and family skills, and existing educational or developmental deficits.

On the basis of these assessments, our Multi-Disciplinary Team (MDT) develops individualized treatment plans for each youth that address a full spectrum of needs and tap into youth assets and abilities. Our use of social learning theory—in combination with proven cognitive behavioral therapies—helps youth build the skills necessary to diminish risky behaviors and actions.



AFTERCARE & TRANSITION PLANNING

Mt. Evans Q-House focuses on providing youth the skills and opportunities needed to successfully reintegrate into the community. Q-House youth learn to identify support systems based on their interests and goals. Each youth's Transition Plan focuses on their unique needs and connects them with supportive community-based resources, greatly reducing their risk of recidivism.

FAMILY ENGAGEMENT

Family involvement is critical to youth achievement and growth. In order to repair, rebuild, and enhance the ties between a youth and his family, the Q-House encourages:

- Family involvement throughout the admission process;
- Family involvement in treatment planning;
- Parent communication via letters, phone calls, and visitation;
- Home passes upon goal completions.



POSITIVE YOUTH DEVELOPMENT

Community resources can help reshape problematic youth behaviors by building positive youth-community relationships. Providing abundant service opportunities through local food banks, faith communities, civic organizations, and animal shelters helps connect youth to local resources.

Q-House youth also have the opportunity to participate in outdoor recreation, intramural sports, and physical fitness programs designed to promote healthy, positive lifestyle choices. Meanwhile, college readiness, scholarship opportunities and vocational training ensure youth are ready to pursue bright futures.